

## RURAL HEALTH EXPERIENCES

*"I felt I was really able to understand each specialty in the rural health care system and was able to witness how each department worked along with each other to treat patient needs. I also learned the benefits and some issues that rural health care providers face."*

*"I have always wanted to be a doctor who is able to truly care for and know my patients. After this experience I realized that the best way I can do this is by working in a rural hospital."*

*"I've learned that rural health care professionals wear more hats than those that work in larger locations. This is more exciting because they aren't always doing the same thing over and over."*

## TO APPLY

Summer early consideration deadline is **Sunday, March 8, 2020**. Limited placements may be available outside of the summer season. Go to [www.ncrhp.uic.edu](http://www.ncrhp.uic.edu) for application instructions.

## FOR MORE INFORMATION

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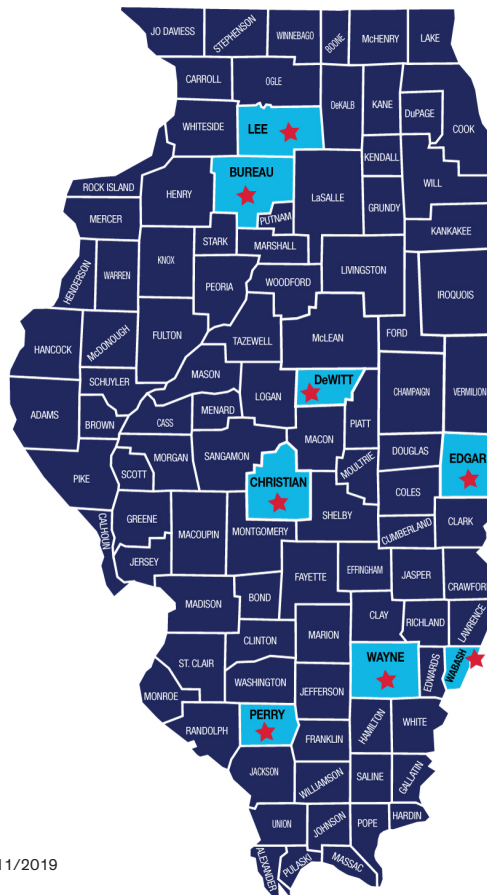


## POTENTIAL SITES

The following Illinois hospitals have participated in recent RHEs and are potential sites for 2020:

- Fairfield Memorial Hospital, Fairfield (Wayne)
- Katherine Shaw Bethea Hospital, Dixon (Lee)
- Perry Memorial Hospital, Princeton (Bureau)
- Paris Community Hospital, Paris (Edgar)
- Pinckneyville Community Hospital, Pinckneyville (Perry)
- Taylorville Memorial Hospital, Taylorville (Christian)
- UnityPoint Health- Memorial Hospital, Carthage (Hancock County)
- Wabash General Hospital, Mount Carmel (Wabash)

Limited meals and housing may be available. See [www.ncrhp.uic.edu](http://www.ncrhp.uic.edu) for more information.



# RURAL HEALTH EXPERIENCE

A RURAL IMMERSION PROGRAM FOR HEALTH PROFESSIONS STUDENTS

## RURAL HEALTH EXPERIENCE

Gain experience in a rural health care environment during your health professions program through the Rural Health Experience (RHE). This three- to five-day rural immersion program is for students interested in learning about the delivery of health care in a particular rural community.

### THROUGH THE RHE, YOU'LL:

- Gain shadowing hours in rural health care settings;
- Become acquainted with a rural lifestyle;
- Learn about a variety of health professions disciplines by shadowing within multiple hospital departments;
- Discover more about rural health needs;
- Observe healthcare teams and collaborative meetings;
- Gain awareness and acceptance of different cultures; and
- Learn through active and organized involvement in the community.

## RHE GOALS

- To learn about the social and health characteristics, needs and resources of a specific rural community.
- To understand the roles and responsibilities of different health care providers in a rural community.
- To reflect on a future career as a health care provider in a rural community and potential interest in this location as a future career location.

## WHO IS ELIGIBLE?

- The ideal candidate is from a rural community and currently enrolled in a health professions program.
- Students who possess a strong interest in rural health care.
- Minimum qualifications are students who will have completed their sophomore year of undergraduate schooling by the start of the RHE. Preference goes to students in their junior or senior year of college and those already in graduate or professional programs.

## SAMPLE SCHEDULE

### DAY 1: MONDAY

- 8:30am** Meet and Greet with hospital CEO and staff. Complete paperwork and hospital tour/information
- 9:30am** Student spends time with their preceptor (FNP, MD, PA)
- 12:00pm** Lunch (provided for student at hospital)
- 1:00pm** Care management meeting with hospital staff
- 1:30pm** Hospital discharge planner observation
- 4:30pm** Blogging/Journaling/End of Day 1

### DAY 2: TUESDAY

- 8:30am** County health department programs explanation/observation (Mid-level)
- 12:00pm** Lunch (provided for student at hospital)
- 1:00pm** ER observation (Mid-level or higher)
- 4:30pm** Blogging/Journaling
- 6:00pm** Community event/attend fair with CEO
- 8:00pm** End of Day 2

### DAY 3: WEDNESDAY

- 8:30am** Student spends time with their preceptor
- 12:00pm** Lunch with preceptor (provided for the student at the hospital)
- 1:00pm** Rehabilitation department observation (Mid-level)
- 4:30pm** Blogging/Journaling/End of Day 3

### DAY 4: THURSDAY

- 8:30am** Home health agency home visitations
- 12:00pm** Lunch (provided for the student at the hospital)
- 1:00pm** Nursing home or assisted living observation
- 3:00pm** Student spends time with their preceptor
- 4:30pm** Blogging/Journaling/End of Day 4

### DAY 5: FRIDAY

- 8:30am** Hospice home visitations
- 10:30am** Rural health clinic observation (Mid-level)
- 12:00pm** Farewell lunch with CEO and others
- 1:00pm** Complete evaluation tools
- 1:30pm** Goodbye

