

## PSYCHOLOGICAL TOOLS TO SUPPORT COMPLEX PATIENT CARE

Saturday, April 27, 2024  
8:30 am – 3:00 pm

Malcolm X Conference Center  
1900 W. Jackson, Chicago, Illinois

*Free on-site garage parking*

### **SCHEDULE**

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| 8:30 – 9:00 am | <b>Registration, Continental Breakfast, and Exhibits</b>   |
| 8:50 – 9:00 am | <b>Welcome &amp; Introductions</b>   |
| 9:00 -9:45 am  | <b>Understanding and Addressing Mental Health Disparities and Stigma in Serious Illness</b><br><i>James Gerhart PhD</i>  |
| 9:45 -10:30 am | <b>The 5 Keys to Caregiver Survival: Clinicians are Caregivers Too</b><br><i>Dr. Cheryl Woodson</i>  |
| 10:30-10:45 am | <b>Break</b>   |
| 10:45-11:45 am | <b>Breakout Sessions I</b> <ul style="list-style-type: none"><li>a) <b>Loss in an ICU – How Healthcare Providers Can Support Grieving Family Members</b><br/><i>Jared Greenberg, MD, Laura Foster, RN, MS, FNP-BC, ACHPN and Dr. Arnold Hoskins, M.Th., D.Mgt.</i></li><li>b) <b>Identifying and Responding to Psychological Distress during Patient Encounters: Applying Patient-centered Communication Strategies</b><br/><i>Yasmin Asvat, Ph.D. and Esther Yoon, Ph.D.</i></li><li>c) <b>Supporting Patients with Death Anxiety: Case-based Discussion</b><br/><i>Judith Wood Mintz, LCSW</i></li></ul> |

11:45–12:40 pm	<b>Networking Lunch Served</b>
12:40-1:40 pm	<b>Breakout Sessions II</b>
	<b>a) Provider’s Moral Distress: Recognizing it and Managing It</b> <i>Andrea Vernon-Cwik, LCSW, ASW-G</i>
	<b>b) Challenging Cases: Managing Serious Illness for Patients with Co-Existing Psychiatric Diagnoses</b> <i>Josh Kaplan-Lyman, AM, LCSW and Lauren Rynar, PhD</i>
	<b>c) Mental Health for Young Adults and Youth Living with Trauma</b> <i>Sonya Mathies Dinizulu, PhD</i>
1:40 - 1:50 pm	<b>Break</b>
1:50 - 2:50 pm	<b>Healers: A Job, A Career, or A Calling?</b> <i>Jaime K. Lewis, MD and Melissa Perrin, Psy.D.</i>
2:50 pm	<b>Closing Remarks</b>
3:00 pm	<b>Adjourn</b>

*4.75 CEUs will be available to nurses and social workers.*